

FOOD



11.2% of DC
households are
food insecure.

Food insecurity means
lacking consistent access
to quality, affordable,
healthy food.

Source: DC Food Policy Council



Source: DC Food Policy Council

The District has:

62
farmers
markets

18
urban
farms

40
full service
grocery stores

73
active
community
gardens

71
healthy food
corner stores

HOW SUSTAINABLE DC DEFINES FOOD

Expanding urban agriculture



HOW YOU BENEFIT

Increasing access to healthy food



Growing the food economy



Reducing wasted food



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DC MURIEL BOWSER, MAYOR



IMPACT

One in 10 DC residents has difficulty accessing healthy and affordable food.

DC has 40 full-service grocery stores, but only four are located east of the Anacostia River. In total, 11.2% of DC households are food insecure.

How's the food quality in your neighborhood?



COST

The lack of healthy food access can be linked to poorer health outcomes, disproportionately effecting residents who make less money.

Residents who earn less than \$25,000 per year have more than double the rate of hypertension (related to poor diet) than those earning greater than \$75,000 per year.



SOLUTIONS

SNAP-Ed Program is a state-wide program that delivers nutrition education and promotes physical activity: Contact DC Health at **202.442.9171** or at info.snap-ed@dc.gov.

The Special Supplemental Nutritional Program for Women, Infants, and Children (WIC) is a program that provides services to pregnant women, new mothers, infants, and children up to age 5: Contact DC Health at **202.442.9397**.

Looking for community gardens? Visit dpr.dc.gov/page/community-gardens or **202.714.4331**.

EQUITY



The net worth of White households in DC is 81 times higher than Black households.



Source: Urban Institute



There are **43,000** DC residents who qualify as “extremely low-income.”

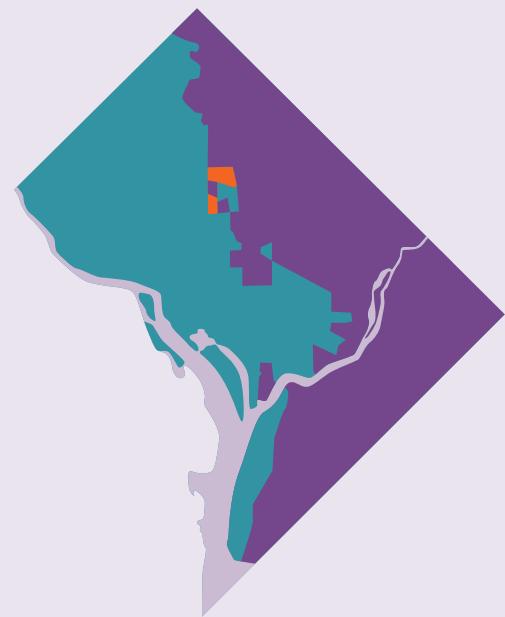
91% of “extremely low-income” families are Black.

Source: DC Fiscal Policy Institute

108,732 DC residents lived below the poverty line in 2012.

115,119 residents lived below the poverty line in 2017.

Source: DC Office of Planning



2018 RACIAL SEGREGATION

- Predominantly Black
- Predominantly Latinx
- Predominantly White

Source: U.S. Census Survey, American Community Survey and DC GIS

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Between 2007 and 2014, the median household income in DC increased by **\$10,000** but remained flat for Black households.

Source: DC Commission on African American Affairs



IMPACT

While equity includes gender, age, ethnicity, social class, language, sexual preference, and mental and physical ability, it must start with race. Racial equity is an integral element of a truly sustainable city.

Communities of color are more prone to experience deep and persistent gaps in income, health, employment, and education. While the District's prosperity is growing, the benefits have not been experienced by all residents.

The wealth gap between people of color – especially Blacks – and Whites is growing. The Black median household income in DC is roughly \$42,000, less than a third of the White median household income of \$134,000.



RESOURCES

The Health Equity Report informs and reframes discussion on improving the health of residents to include factors beyond insurance and access to healthcare: dchealth.dc.gov.